**MDR Reflection Aid (MDR2)**

Please fill this in and email a copy to your Reviewer by the agreed date.

Bring this with you to your MDR meeting.

The following is guidance for your reflection, to help you identify what to bring to the MDR conversation.

Please fill in enough – but not too much !

Your responses do not need to fill all the space provided.

Feel free to use bullet points.

|  |  |
| --- | --- |
| Name of priest |  |
| Role |  |
| Date and place of meeting |  |

**Context of Ministry**

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| 1. What is the primary context/s of your ministry, whether parochial, chaplaincy, or other area of employment?

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| 1. What aspects of your ministry have you most enjoyed – found fulfilling

– been most important - over the last year - and why? |
| 1. What aspects of ministry have caused you disappointment or frustration and why do you think that is?
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| 1. What have you been learning over the last year?
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| 1. How are you supported in your ministry?
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| 1. How have you been engaging with Safeguarding?
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| 1. How have you been responding to the Diocesan vision?
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| 1. Spirituality – what nurtures and feeds you now?
 |
| 1. And what do you wish you could give more time to…?
 |
| 1. What do you need to do for greater balance and health?

One (or more) simple thing ……………………………………………One (or more) radical thing…………………………………………… |
| 1. Are there any areas of pressure or conflict in your ministry?
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| 1. Have you got any new sense of where God might be calling you in the next few years?
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**Review Ministry**

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| 1. Reviewing your 'external perspective' conversations:

What did they affirm?What did they suggest for future focus and personal development? |
| 1. What do you notice about how you need to do ministry in the future?
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| 1. What do you need to talk about in the review?
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