


Autumn 2024

 THE CHURCH
OF ENGLAND
Diocese of Norwich

Prayer Diary

NEW
Includes prayer
requests from clergy
across the Diocese
of Norwich



“The kingdom of heaven is like a mustard seed, which a man took and planted in his field. Though it is the smallest of all seeds, yet when it grows, it is the largest of garden plants and becomes a tree.” Mark 4:30-32



Foreword from The Rt Revd Dr Jane Steen, the Bishop of Lynn

Autumn is a season of hope, of rich fruitfulness, blackberries and English apples at their best as harvest comes home. At least, that's how it should be.

But this year's harvest will be hard for our farmers, after the wettest year many can remember and a cool start to summer. Elsewhere in the world, harvests are ruined by war, food is scarce in some places and wasted in others, and people suffer, their health ruined by too much food and, tragically, by too little.

Our relationship to food is complicated. And yet, food brings the promise of joy in the Bible, the more so when we know how to feast and to fast, how to eat and how to share. When Israel gathered manna in the wilderness, none had too little or too much – until they hoarded it, when the rot set in. The increase of corn, wine and oil is a cause for joy – but the gladness the Lord puts in our hearts is greater. We share our faith when we share our food.

Many churches do just that, sharing food and offering an insight

into the Christian life. Foodbanks and food hubs (or 'social supermarkets') have been a lifeline for many during the cost-of-living crisis and churches from King's Lynn to Great Yarmouth are expert in ensuring that people are fed. Many have worked with the Norfolk Community Foundation on Nourishing Norfolk and many will soon host warm spaces, hospitality and hope, creating the future we long to see in this year of being prophetic.

So, as autumn draws on and winter approaches, I invite you to join in prayer for all those who need food, all who offer food and all for whom food is a cause of anxiety as producers or consumers. And, as we pray for one another by following this prayer diary, may we remember our calling to the messianic feast of Jesus in whom alone all our hungers are satisfied.

The Rt Revd Dr Jane Steen,
the Bishop of Lynn

Please note that the content is compiled some weeks in advance of production, so although we strive to ensure all facts are correct when we go to press, they may not be by the end of the quarter. Thanks for your understanding.

Over this quarter the Sunday prayers will be the Common Worship additional Collects: Copyright © The Archbishops' Council 2000.

Sunday 1 – Fourteenth Sunday after Trinity

Merciful God,
your Son came to save us
and bore our sins on the cross:
may we trust in your mercy
and know your love,
rejoicing in the righteousness
that is ours through Jesus Christ
our Lord. Amen.

Monday 2 Taverham with Ringland

Clergy: Paul Seabrook, Stella Green,
Val Hooker, Gill Osborne, Phil
Charlesworth. LLM: Jane Dryden.
Taverham Junior.
On this New Guinea Martyrs'
Day remember the 12 Anglicans
working for God's church in PNG
who were killed in 1942.

Tuesday 3 Deanery of Norwich South

Rural Dean: Patrick Richmond. Lay
Chair: Sandra Isaac, Roger Wood.
Dioceses of Ikwerre and Ikeduru
(Church of Nigeria).

Wednesday 4 Bowthorpe (Norwich)

Clergy: Mark Elvin. Cloverhill
Infant & Nursery (Bowthorpe),
St Michael's Junior (Bowthorpe).
For our Food Bank, Hope Cafe, Tots,
asylum seekers and a harvest of
good gospel conversations.
Diocese of Ikwo (Church of Nigeria).

Thursday 5 Costessey

Clergy: James Pinto.
LLM: Margaret Proudfoot.
For lives changed for those
who come on our next termly
evangelistic course – Hope
Explored – running in the Autumn.
Diocese of Ikwuano (Church of
Nigeria).

Friday 6 Cringleford

Colney, Cringleford. Clergy:
Graham Wilkins, Charlotte Eagles,
John Wigfield. LLMs: Shirley Wood,
Tim Harle.
For our local schools and how we
serve them.

Saturday 7 Earlham

Clergy: Di Rowlandson, Julian
Bryant, Ben Rogers. Dioceses of
Ile-Oluji and Ilaje (Church of Nigeria).

Sunday 8 – Fifteenth Sunday after Trinity

Lord God,
defend your Church
from all false teaching
and give to your people
knowledge of your truth,
that we may enjoy eternal life
in Jesus Christ our Lord. Amen.

Monday 9 Eaton Christ Church (Norwich)

Clergy: Patrick Richmond. LLMs: John Harrison, Alistair Bolt.
For our vision to grow in discipleship and service and be more invitational, and our chat over a cuppa group and The Chosen group. Dioceses of Ilesa and Ilesa South West (Church of Nigeria).

Tuesday 10 Eaton St Andrew (Norwich)

Clergy: James Cook. LLM: Neil Rout. For our new Vicar James Cook, currently serving as assistant curate, and for his institution on 23 September. For the people of the Carlton Colville benefice and Andrea Wood as she begins today as Rector.

Wednesday 11 Heigham Holy Trinity (Norwich)

Clergy: Richard James, Alastair Gledhill. LLMs: Jonathan Mason, Elizabeth Scott, Nigel Parfitt.

Giving thanks for our children hearing the gospel each week at our afterschool club. For good links between those attending our recent summer Holiday Club and families attending on Sundays. For opportunities to support Bignold Primary School in the parish. Diocese of North East India (Church of North India).

Thursday 12 Swardeston

East Carleton, Intwood, Ketteringham, Swardeston. Clergy: Paul Burr. LLM: Peter Worby. Bishops Graham (Norwich), Jane (Lynn) and Ian (Thetford). Diocese of Northern Indiana (Episcopal Church USA).

Friday 13 The Mitre

St Alban Lakenham, St Barnabas Heigham w St Bartholomew, St Thomas Heigham. Clergy: Tom Eagles, David Lloyd, Joanna Payne, Adam Poole, Di Rowlandson. LLM: Diana Timms. Diocese of Indianapolis (Episcopal Church USA).

Saturday 14 Deanery of Redenhall

Rural Dean: Nigel Tuffnell. Lay Chair: Jennifer Vere. Archdeacons Steven (Norfolk), Keith (Norwich) and Catherine (Lynn). Diocese of Inhambane (Igreja Anglicana de Mocambique e Angola).

Bearing fruit



Glossy vegetables and fruit fresh from Norfolk fields and orchards are delivered across the county by a business originally set up to help key workers in lockdown.

Now Goodery sends out 250-300 boxes of organic fruit and veg to all kinds of customers every week, helping people enjoy healthy food, while treading lightly on our precious planet.

Matti St John and his brother-in-law Josh Smith helped launch Goodery and have grown it into a thriving Christ-centred business with its own market garden.

Matti and Josh are both members of Garden Church, a network of house churches in Norfolk.

"We wanted to do something good that spoke of God's redemptive work. The majority of

our customer base will definitely know that Josh and I have a faith," said Matti. "We are trying to care for creation in a way that is regenerative, and think about where our food comes from. As much as possible is from our market garden (in Bintree, near Fakenham) then we go to local Norfolk and Suffolk growers and then further afield. We are seeing real fruits from our business and as a vehicle for mission."

To find out more visit:
www.goodery.co.uk

Scan the QR code
or visit:
www.DofN.org/PrayerDiary
to read full article.



Sunday 15 – Sixteenth Sunday after Trinity

Lord of creation,
whose glory is around and within us:
open our eyes to your wonders,
that we may serve you with
reverence and know your peace in
our lives through Jesus Christ our
Lord. Amen.

Richard Lamey as he is licensed as
Director of Mission and Ministry.

Monday 16 Dickleburgh and the Pulhams

Dickleburgh, Pulham Market,
Pulham St Mary, Rushall,
Starston, Thelveton. Clergy: Carl
Melville. LLM: Gale Hodgkinson.
Dickleburgh Primary, Pulham
Primary. Diocese of Iowa (Episcopal
Church USA).

Tuesday 17 Earsham Group (Ditchingham)

Alburgh, Broome, Denton,
Ditchingham, Earsham, Hedenham.
Clergy: Chris Hutton, James
Shelton. LLMs: Christine Edwards,
Philip Edwards, Christopher
Whipps. Alburgh-w-Denton
Primary, Ditchingham Primary,
Earsham Primary. Diocese of Iran
(Episcopal Church in Jerusalem and
The Middle East).

Wednesday 18 Redenhall with Scole

Billingford, Brockdish, Needham,
Redenhall with Harleston and
Wortwell, Scole, Thorpe Abbots.
Clergy: Nigel Tuffnell, James
Shelton. LLMs: Lynda Mansfield,
John Taylor. Archbishop Sancroft
(Harleston), Harleston Primary,
Scole Primary. Diocese of Irele
Ese-Odo (Church of Nigeria).

Thursday 19 The Diss Team Ministry

Bressingham, Burston, Diss,
Fersfield, Gissing, North Lopham,
Roydon, Shelfanger, South
Lopham, Tivetshall, Winfarthing.
Clergy: John Cruse as he prepares
for retirement. LLMs: Janice Cruse,
Sue Drake. All Saints Primary
(Winfarthing), Diss Junior, St
Andrew's Primary (Lopham).
Diocese of Isi Mbano (Church of
Nigeria).

Friday 20 Deanery of Repps

Rural Dean: Will Warren. Lay Chair:
Mary Howard. Dioceses of Isiala
Ngwa and Isiala-Ngwa South
(Church of Nigeria).

Saturday 21 Cromer

Clergy: Will Warren, Julia
Chamberlin, Joanna Haywood.
LLMs: Susan Wells, David Masters.

Sunday 22 – Seventeenth Sunday after Trinity

Gracious God,
you call us to fullness of life:
deliver us from unbelief
and banish our anxieties
with the liberating love of Jesus
Christ our Lord. Amen.

Monday 23 Poppyland

Antingham, Northrepps,
Overstrand, Sidestrand, Southrepps,
Thorpe Market, Trimingham. Clergy:
Sian Reading. LLMs: Tim Bennett,
John Scott. Overstrand The Belfry
Primary.
Meeting of Bishop's Staff.
The Diocese of Isikwuato /
Umunneochi (Church of Nigeria).

Tuesday 24 Quintet

Aylmerton, Beeston Regis,
Gresham, Runton. Clergy: Jeremy
Sykes. LLM: Pamela Thompson.
Diocese of Western Izon (Church of
Nigeria).

Wednesday 25 Roughton

Bessingham, Felbrigg, Gunton
w Hanworth, Metton, Roughton,
Sustead. Clergy: Julia Chamberlin. St
Mary's Primary (Roughton). Diocese
of Jabalpur (Church of North India).

Thursday 26 Sheringham

Clergy: Christian Heycocks, Iain
Grant, Christina Rees. LLMs: Julie
Rubidge, Angela Stewart.
Giving thanks and asking for
continuing prayers for curate Iain
Grant and his family, for Christina
Rees in her ministry as Assistant
Priest, for Sheringham Beach Life,
and for the harvest of the sea.
Diocese of Jaffna (Church of South
India).

Friday 27 Trunch Group

Gimingham, Knapton, Mundesley,
Paston, Trunch with Bradfield and
Swafeld. Clergy: Jenny Lodge.
LLMs: Peter Clough, Andrea Lee.
For our new Rector, Sally Myers,
as she began her ministry on
24 September.
Diocese of Jalingo (Church of
Nigeria).

Saturday 28 Deanery of St Benet at Waxham & Tunstead

Rural Dean: David Chamberlin.
Lay Chair: Sonia Coupe.
Diocese of Jamaica and The
Cayman Islands (Province of the
West Indies).

Feeding families

For three weeks after baby Marnie was born a stream of visitors arrived at her family's door with food.

"It was a huge blessing," said mum Emma Woods, who now co-ordinates her church's meals-for-new-parents. "Knowing just how much it meant to us at the time, I was very keen for others to be blessed in that way too."

Emma and her husband Tom joined Crossroads church in Earlham, Norwich last year. Now Emma uses a free website to co-ordinate meals for the parents of new babies.

"I know first-hand how it feels in the early days of adjusting to having a baby. It can be hard to do everything straight away."

New mum Rachel said: "It was amazing to experience the care of others and it was special to see how generous people were with their time and effort – we valued it and noted it and felt the love."

Scan the QR code
or visit:
[www.DofN.org/
PrayerDiary](http://www.DofN.org/PrayerDiary)
to read full article.



Sunday 29 – Eighteenth Sunday after Trinity

God, our judge and saviour, teach us to be open to your truth and to trust in your love, that we may live each day with confidence in the salvation which is given through Jesus Christ our Lord. Amen.

Monday 30 Coastal Group of Parishes

Bacton, Happisburgh, Hempstead with Lessingham and Eccles, Ridlington, Sea Palling with Waxham, Walcott, Witton.

Clergy: Coryn Stanforth.

LLMs: Pam Millsted, John Prince. Happisburgh Primary.

For the newly established Open the Book team ministering in the schools of Happisburgh and Hickling. Commissioning of Eco Chaplains and the Environmental Working Group. Diocese of Rio de Janeiro (Igreja Episcopal Anglicana do Brasil).

Tuesday 1 North Walsham, Edingthorpe, Worstead and Westwick

Clergy: David Warner. Worstead Primary.

Thanksgiving for harvest celebrations and for generosity towards our communities.

Diocese of Jebba (Church of Nigeria).

Wednesday 2 Smallburgh

Dilham, Honing, Smallburgh.

Clergy: Helen Lynch, Andrew Bevan. LLM: Betty Lacey. Diocese of Jerusalem (Episcopal Church in Jerusalem and The Middle East).

Thursday 3 Stalham

Ingham, Stalham, Sutton. Clergy: Helen Lynch, Andrew Bevan.

LLMs: Mary Shepherd, Jeanette Boardman, Martyn Egerton. Sutton Infant. Diocese of San Joaquin (Episcopal Church USA).

Friday 4 The United Benefice of King's Beck

Felmingham, Skepton, Colby, Banningham, Tuttington, Suffield, Sloley and Swanton Abbot. Clergy: David Chamberlin. Diocese of Johannesburg (Anglican Church of Southern Africa).

Saturday 5 United Benefice of St Benedict

Ashmanhaugh, Barton Turf, Beeston St Lawrence, Horning, Irstead, Neatishead. Clergy: Ben Bradshaw. LLM: Pauline Simpson. Neatishead Primary.

For our Children's Church and outreach to young people.

Diocese of Jos (Church of Nigeria).

Sunday 6 – Nineteenth Sunday after Trinity

Faithful Lord,
whose steadfast love never ceases
and whose mercies never come to
an end:
grant us the grace to trust you
and to receive the gifts of your love,
new every morning,
in Jesus Christ our Lord. Amen.

Monday 7 Waterside Group

Catfield, Hickling, Ludham, Potter
Heigham. Clergy: Gary Noyes.
LLM: Judith Gardiner.
Catfield Primary, Hickling Infant.
Giving thanks to God for a growing
ministry in this beautiful part of the
Broad, and for the outdoor services
that we have held over the summer.
Diocese of Juba (Episcopal Church
of South Sudan).

Tuesday 8 Wroxham with Hoveton Saint John with Hoveton Saint Peter, Belaugh and Tunstead with Sco' Ruston

Clergy: Liz Jump.
Diocese of Kabba (Church of
Nigeria).

Wednesday 9 Deanery of Thetford and Rockland

Rural Dean: Matthew Jackson.
Lay Chair: Peter Lotarius. Diocese
of Kadugli and Nuba Mountains
(Episcopal Church of Sudan).

Thursday 10 Attleborough with Besthorpe

Clergy: Matthew Jackson,
Andrew Slater. LLMs: Brenda Greig,
Jane Minchin.

For Attleborough Music Project;
the churches' engagement with the
community through music.
Diocese of Kaduna (Church of
Nigeria).

Friday 11 East with West Harling, Bridgham with Roudham, Larling, Brettenham and Rushford

Clergy: Simon Richardson-
Best, Josh Whitnall. Diocese of
Kafanchan (Church of Nigeria).

Saturday 12 Great Ellingham (Shellrock)

Great Ellingham, Little Ellingham,
Rockland All Saints, Rockland St
Peter, Shropham w Snetterton.
Clergy: Sue Strutt. LLM: Carol
Bennett. Diocese of Kagera
(Anglican Church of Tanzania).

Café Cuthbert



**If you find yourself in Thetford on
a Saturday morning, a little thirsty
and ready for a bite to eat, then
Café Cuthbert is ready for you.**

"It's open to absolutely anyone
who wants to come," said the
Rector of Thetford, the Revd Dr
Peter Herbert.

Café Cuthbert was launched
by the church in 2022 and offers
hot and cold drinks, cakes and
bakes, and light hot food – and
the chance to enjoy it all in a fine
medieval church.

St Cuthbert's, on King Street,
dates back to the 13th century and

Revd Dr Peter said: "Customers love
the warm and friendly welcome,
the opportunity for conversation
with the team, the quality of the
food, and the beautiful building."

Run by a team of volunteers, with
a part-time paid manager recently
appointed, Café Cuthbert is open
10am-2pm most Saturdays (unless
there is a wedding.)

Scan the QR code
or visit:
[www.DofN.org/
PrayerDiary](http://www.DofN.org/PrayerDiary)
to read full article.





Harvest of Hope Appeal: Christian Aid



Harvest should be a time of joy and thanksgiving. But extreme weather is destroying harvests around the world.

The climate crisis means traditional agricultural methods are becoming increasingly ineffective against devastating droughts, floods, storms and excessive heat. But there is hope. And your church can help.

Alongside its local partners, the charity Christian Aid is working around the world to find the best ways to support people facing the destruction of their crops, homes, communities and livelihoods.

People like Nyarai Zirugo, from Zimbabwe. She and her family are farmers but were battling to make a living or even grow enough to feed themselves. Her determination to provide for her family led her to join a programme, funded by Christian Aid, and run by local partners.

Nyarai said: “We’ve seen our livelihoods, diet and farming methods improve greatly; we are better able to sustain ourselves even when droughts hit.”

And here in Norfolk and Waveney we can help more people like Nyarai to enjoy a hope-filled harvest.

Christian Aid is asking us to share hope with people living in poverty.

We can hold a collection for its Harvest Appeal.

Its Harvest of Hope campaign also gives churches the resources to turn their own harvest celebrations into good news for hungry people around the world.

It includes posters and worship material – and a recipe for a delicious-sounding harvest supper butternut squash and chickpea tagine, inspired by the cuisine of North Africa and with a preparation time of

just 15 minutes. There is also a download-and-print placemat packed with colouring and puzzles for younger guests.

There are even suggestions for the guest-list, including inviting your local MP – a great opportunity to meet him or her and build a relationship while breaking bread together.

The everyday act of sharing bread with friends and strangers crops up in many parts of the Bible. Jesus frequently shared bread with those he encountered and befriended - and as the central act of the Last Supper, the breaking of bread is imbued with special significance for Christians.

It is a symbol of welcome, hospitality, care, openness, and peace and an act of building and strengthening relationships.

From collection envelopes to hints on how to encourage your newly-elected MP to join you in this fight against hunger, find everything you need at christianaid.org.uk/appeals/key-appeals/harvest-appeal

Sunday 13 – Twentieth Sunday after Trinity

God, our light and our salvation:
illuminate our lives,
that we may see your goodness in
the land of the living,
and looking on your beauty
may be changed into the likeness
of Jesus Christ our Lord. Amen.

Monday 14 Guilts Cross Group

Blo Norton, Garboldisham,
Kenninghall, Riddlesworth. Clergy:
Josh Whitnall. Garboldisham
Primary. Meeting of Bishop's Staff.
Diocese of Kajiado (Anglican
Church of Kenya).

Tuesday 15 Hethersett Benefice

Great Melton, Hethersett, Little
Melton. Clergy: Lynn Chapman.
Hethersett Primary.

For all our endeavours to fulfil our
benefice vision to "Make Jesus
Known" in our communities.
Diocese of Kajo Keji (Episcopal
Church of South Sudan).

Wednesday 16 High Oak, Hingham, Scoulton w Wood Rising

Clergy: Tori Venmore-Rowland.
LLM: Dale Southall.
Morley Primary.
Diocese of Kalima (Province de
L'Eglise Anglicane Du Congo).

Thursday 17 Quidenham Group

Banham, Eccles, New Buckenham,
Old Buckenham, Quidenham,
Wilby. Clergy: Sarah Walsh.
Diocese of Kamango (Province de
L'Eglise Anglicane Du Congo).

Friday 18 Thetford (Team Ministry)

Cloverfield Community Church,
Croxtan, Kilverstone, Thetford,
Wretham w Illington. Clergy: Peter
Herbert, Matt Houghton, Jonathan
Richardson, Tony Heywood.
LLM: Jean Rolph. The Bishop's
Primary (Thetford).

For our Light Night, Sports Ministry
and Cafe Cuthbert.

Diocese of Kampala (Church of the
Province of Uganda).

Saturday 19 Wymondham w Silfield and Spooner Row

Clergy: Andrew Hammond.
Bishops Graham (Norwich),
Jane (Lynn) and Ian (Thetford).
For the people of Wymondham
w Silfield and Spooner Row and
Andrew Hammond as he begins
as Vicar.
Diocese of Kano (Church of Nigeria).

Sunday 20 – Twenty-First Sunday after Trinity

Almighty God,
in whose service lies
perfect freedom:
teach us to obey you
with loving hearts
and steadfast wills;
through Jesus Christ our Lord.
Amen.

Monday 21 Deanery of Blofield

Rural Dean: Martin Greenland.
Lay Chair: Nicholas Cowen. Diocese
of Kansas (Episcopal Church USA).

Tuesday 22 Acle and Bure to Yare

Acle, Beighton w Moulton,
Freethorpe, Halvergate w Tunstall,
Limpenhoe, Southwood and
Cantley, Reedham, Wickhampton.
Clergy: Martin Greenland.
LLM: Nicholas Cowen.
Acle Primary. Diocese of Western
Kansas (Episcopal Church USA).

Wednesday 23 Blofield

Blofield, Burlingham Saint Andrew
w Saint Peter, Hemblington.
Meeting of Diocesan Synod.
Churchwardens and PCC during
the vacancy.
Diocese of Kanyakumari (Church of
South India).

Thursday 24 Broadside

Ranworth with Panxworth,
South Walsham, Upton & Fishley,
Woodbastwick.
LLM: Margaret Mallett.
Fairhaven Primary (South Walsham).
Diocese of Kapsabet (Anglican
Church of Kenya).

Friday 25 Great and Little Plumstead, Rackheath with Salhouse and Witton

Clergy: Darleen Platten.
Salhouse Primary.
Diocese of Karachi (Church of
Pakistan).

Saturday 26 Lingwood

Burlingham, Hassingham,
Lingwood, Strumpshaw.
Jane Morris to be Curate-in-
Charge. LLM: Lorna Clark.
Diocese of Karamoja (Church of the
Province of Uganda).

Safely gathered in

Harvest is one of the great traditional festivals of farming and faith communities. A time of thanksgiving for crops safely gathered in, it has been celebrated for centuries with song, dance and food.

Many churches host harvest services and suppers and see it as a time of giving.

Harvest Festival at St Mary Magdalene's, Pulham Market, is from 11am on Sunday September 22. Churchwarden Tony Gray said: "The church is always decorated. The flower team do a special range of flower arrangements and we have various foods about the church and wheatsheaves at the end of pews. Food donations

are then given to the Waveney food bank."

After the family-focused service there is a harvest lunch in the Pulham Market Memorial Hall with the food prepared by church members.

Tony said "We live among a farming community and so we get many non-regulars at harvest. In a rural community it is an excellent opportunity to draw people into church."

Scan the QR code
or visit:
[www.DofN.org/
PrayerDiary](http://www.DofN.org/PrayerDiary)
to read full article.



Sunday 27 – Last Sunday after Trinity / Bible Sunday

Merciful God,
teach us to be faithful in change
and uncertainty,
that trusting in your word
and obeying your will
we may enter the unfailing joy of
Jesus Christ our Lord. Amen.

Monday 28 Yare Valley Churches

Brundall, Braydeston and Postwick.
Dave Hanson. LLM: Keith Gerrard.
Diocese of North Karamoja (Church
of the Province of Uganda).

Tuesday 29 Deanery of Breckland

Rural Dean: Stephen Thorp.
Lay Chair: Jackie Cook.
The Diocese of Karimnagar (Church
of South India).

Wednesday 30 Ashill

Ashill, Carbrooke, Ovington, Saham
Toney. The Churchwardens and
PCC during the vacancy.
LLM: Jean Rockett-Woods.
Ashill Primary, Parker's Primary
(Saham Toney), St Peter & St Paul
Carbrooke Primary. Diocese of
Karnataka Central (Church of
South India).

Thursday 31 Hilborough Group

Cockley Cley, Foulnden,
Gooderstone, Great Cressingham,
Hilborough. Clergy: Michael
Chesher, Linda Lubbe.
Gooderstone Primary.
Diocese of Karnataka North
(Church of South India).

Friday 1 Mundford

Cranwich, Ickburgh, Langford,
Mundford. Clergy: Michael
Chesher, Linda Lubbe. Mundford
Primary. Diocese of Karnataka
South (Church of South India).

Saturday 2 Nar Valley

Castleacre, Narborough with
Narford, Newton-by-Castleacre,
Pentney, Southacre, Westacre.
Clergy: Angela Hammett, Richard
Howells. Castle Acre Primary,
Narborough Primary.

For Angela our new Rector and
her husband Chris at they begin
their ministry among us, and for
the people of the Nar Valley group
as they welcome them, and look
forward to working together.
Diocese of Karongi (Eglise
Anglicane du Rwanda).

Sunday 3 – Fourth Sunday before Advent

God of glory,
touch our lips with
the fire of your Spirit,
that we with all creation
may rejoice to sing your praise;
through Jesus Christ our Lord.
Amen.

Monday 4 Necton

Holme Hale, Necton, North
Pickenham, South Pickenham.
Clergy: Stephen Thorp. LLMs Jackie
Cook, Carole Hicks, Susan March.
Necton Primary. Diocese of Kasai
– Mbujimayi (Province de L'Eglise
Anglicane Du Congo).

Tuesday 5 Oxborough Group

Bodney, Didlington, Little
Cressingham, Oxborough. Clergy:
Michael Chesher, Linda Lubbe.
Archdeacons Steven (Norfolk),
Keith (Norwich) and Catherine
(Lynn). Diocese of Katakwa
(Anglican Church of Kenya).

Wednesday 6 Swaffham and Sporle

The Churchwardens and PCC
during the vacancy. Sporle Primary,
Swaffham Junior, Swaffham Infant.
Meeting of Rural Deans.
Diocese of Katanga (Province de
L'Eglise Anglicane Du Congo).

Thursday 7 The Fountain of Life Ashill

Clergy: Paul Wilkinson.
For an abundant harvest from
the mission and outreach of
Fountain of Life.
Diocese of Katsina (Church of
Nigeria).

Friday 8 Threxton

The Churchwardens and
PCC during the vacancy.
Diocese of Kebbi (Church of
Nigeria).

Saturday 9 Watton

Clergy: Dave Cossey. LLMs: Elaine
Rodgers, Weiwei Cossey.
For all to discover new hope in
Christ as we look forward to the
Christmas season.
Diocese of Kentucky (Episcopal
Church USA).



Making food affordable

Over 280 church communities in the Diocese of Norwich now have links with Foodbanks or Food Hubs according to the Statistics for Mission.

In North Lynn, food poverty is a significant issue. That's why North Lynn Food Hub has been set up to address some of those needs. Their mission is to build a stronger community by providing everyday food at affordable prices.

The voluntary group also offer signposting to other support services. Food Hubs are shops that aim to provide access to affordable food, toiletries and cleaning

products for those who might otherwise struggle.

North Lynn Food Hub is a partnership between Beacon Church, Freebridge Community Housing and Norfolk Community Foundation. The project was led by Andrew Frere-Smith from Imagine Norfolk Together and volunteers include Revd Jon Price from the Beacon Church and Revd Fiona Munn from the King's Lynn Team Ministry group.

For more information visit:
www.nlfh.org

Scan the QR code
or visit:
[www.DofN.org/
PrayerDiary](http://www.DofN.org/PrayerDiary)
to read full article.



Sunday 10 – Third Sunday before Advent / Remembrance Sunday

God, our refuge and strength,
bring near the day
when wars shall cease
and poverty and pain shall end,
that earth may know the peace
of heaven
through Jesus Christ our Lord.
Amen.

Monday 11 Wayland Group

Breckles, Caston, Great Hockham,
Griston, Merton, Stow Bedon,
Sturston, Thompson, Tottington.
Clergy: Vanessa Layfield. Caston
Primary. Diocese of South Kerala
(Church of South India).

Tuesday 12 Deanery of Burnham and Walsingham

Rural Dean: Clive Wylie. Lay Chair:
Anne Prentis. Bishops Graham
(Norwich), Jane (Lynn), and
Ian (Thetford).
Diocese of Kericho (Anglican
Church of Kenya)

Wednesday 13 Barney, Hindringham, Thursford, Great Snoring, Little Snoring, Kettlestone and Pensthorpe

Clergy: Robin Stapleford.
Hindringham Primary.

For the benefice as we look for a
new, user-friendly and fitting group
name. For the faithful lay teams
including Worship Assistants and a
new Pastoral Assistant and for the
retired priest and others locally who
help out, together with our Rector
as he covers two benefices.

Diocese of Khahlamba (Anglican
Church of Southern Africa).

Thursday 14 Coxford Group

East Raynham, East Rudham,
Helhoughton, Houghton next
Harpley, South Raynham, Tatterford,
Tattersett. The Churchwardens
and PCC during the vacancy. LLM:
Rhona McEune. Rudham Primary.
Diocese of Khartoum (Episcopal
Church of Sudan).

Friday 15 Creakes

North Creake, Sculthorpe, South
Creake, Syderstone. Clergy: Clive
Wylie. Sculthorpe Primary. Diocese
of Kibondo (Anglican Church of
Tanzania).

Saturday 16 Fakenham

Clergy: Tracy Jessop. LLMs: Elaine
Burbidge, Amanda Sands.
Ben Eadon, Priest Administrator
of the Shrine of Our Lady of
Walsingham, on his licensing.
Diocese of Kibungo (Eglise
Anglicane du Rwanda).

Sunday 17 – Second Sunday before Advent

Heavenly Lord,
you long for the world's salvation:
stir us from apathy,
restrain us from excess
and revive in us new hope
that all creation
will one day be healed
in Jesus Christ our Lord. Amen.

Monday 18 Fulmodeston with Croxton

Clergy: Tracy Jessop.
The Diocese of Kigali (Eglise
Anglicane du Rwanda).

Tuesday 19 Hempton

Clergy: Harri Williams.
For the See of Richborough, for
those with responsibility for
appointing a new Bishop, and for
the life, work and mission of the
Society of St Wilfrid and St Hilda.
Diocese of Kigeme (Eglise
Anglicane du Rwanda).

Wednesday 20 Holkham

Holkham, Warham, Wells-next-the-
Sea, Wighton.
Clergy: Brenda Stewart.
Diocese of Kigezi (Church of the
Province of Uganda).

Thursday 21 The Burnhams

Burnham Market, Burnham
Overy, Burnham Sutton cum
Ulph, Burnham Thorpe. The
Churchwardens and PCC during
the vacancy.
Diocese of North Kigezi (Church of
the Province of Uganda).

Friday 22 The Shrine of Our Lady of Walsingham

Clergy: Ben Eadon, Edward Gunn.
Diocese of Kilmore, Elphin and
Ardagh (Church of Ireland).

Saturday 23 Toftrees

Toftrees. The Churchwardens and
PCC during the vacancy.
Meeting of Diocesan Synod.
Diocese of Kimberley and Kuruman
(Anglican Church of Southern Africa).

Happy Moon Festival

中秋節快樂



The Moon Festival is celebrated across East Asia in mid-Autumn at the full moon's peak in the lunar cycle.

While the festival is rooted in ancient myths of Chang'e, today the story symbolises love, family reunion, unity and gratitude. Celebrations are less about lunar veneration and more of an opportunity for families to come together.

Central to this festival are mooncakes, which traditionally are round pastries with a tender crust and a rich heavy filling, often with a salted egg yolk in the centre to represent the moon. These tasty treats symbolise completeness and family reunion. They are given to express good wishes and reinforce connections.

For many East Asian migrants in the UK, sharing these treats offers

a comforting link to their heritage and a chance to celebrate their cultural identity.

The traditional greeting 月圓人團圓 (May the moon be full and people be reunited) beautifully captures the spirit of the festival – honouring connections with family and reflecting on the joy of togetherness. These sentiments resonate with the encouragement in Psalm 133:1, "How good and pleasant it is when God's people live together in unity!" In Christ, as the Church, we can all be part of God's family, whatever our cultural heritage.



Written by
Revd Tim Yau
Pioneer Missioner
Diocese of Norwich

Sunday 24

Christ the King, God the Father, help us to hear the call of Christ the King and to follow in his service, whose kingdom has no end; for he reigns with you and the Holy Spirit, one God, one glory. Amen.

For the life and work of Norfolk and Waveney Churches Together and for the church leaders as they sign this evening an Ecumenical Covenant. For Ian Watson, County Ecumenical Officer.

Monday 25

Upper Wensum Benefice

Brisley, Colkirk with Oxwick with Pattlesley, Gateley, Great Ryburgh with Little Ryburgh and Testerton, Horningtoft, Shereford with Dunton, Whissonsett.

Clergy: Robin Stapleford. Brisley Primary, Colkirk Primary.

For the Rector in his ministry to two benefices. For the faithful lay teams including Worship Assistants and a new Pastoral Assistant, giving thanks for two dedicated retired clergy and those from other parishes who help.

Diocese of Kindu (Province de L'Eglise Anglicane Du Congo).

Tuesday 26

Walsingham

East Barsham, Houghton, Little Walsingham. Clergy: Harri Williams. Society of St Margaret.

Walsingham Primary. Meeting of Bishop's Council of Trustees. Diocese of Kinkiizi (Church of the Province of Uganda).

Wednesday 27

Deanery of Depwade

Rural Dean: Revd Michael Windridge. Lay Chair: John Ash. The Diocese of Kinshasa (Province de L'Eglise Anglicane Du Congo).

Thursday 28

Brooke

Brooke, Kirstead, Mundham with Seething, Thwaite. The Churchwardens and PCC during the vacancy. LLM: John Ash. Brooke Primary. Diocese of Kirinyaga (Anglican Church of Kenya).

Friday 29

Hempnall Team Ministry

Bedingham, Hempnall, Morningthorpe and Fritton, Shelton with Hardwick, Topcroft, Woodton. The Churchwardens and PCC during the vacancy. Diocese of Kisangani (Province de L'Eglise Anglicane Du Congo).

Saturday 30

Mulbarton

Bracon Ash, Flordon, Hethel, Mulbarton. Clergy: Adrian Miller. Diocese of Kita-Kanto (The Nippon Sei Ko Kai).



“But here is the bread that comes down from heaven, which anyone may eat and not die. I am the living bread that came down from heaven. Whoever eats this bread will live forever. This bread is my flesh, which I will give for the life of the world.”

John 6:50,51 (NIV version)

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