


Winter 2023

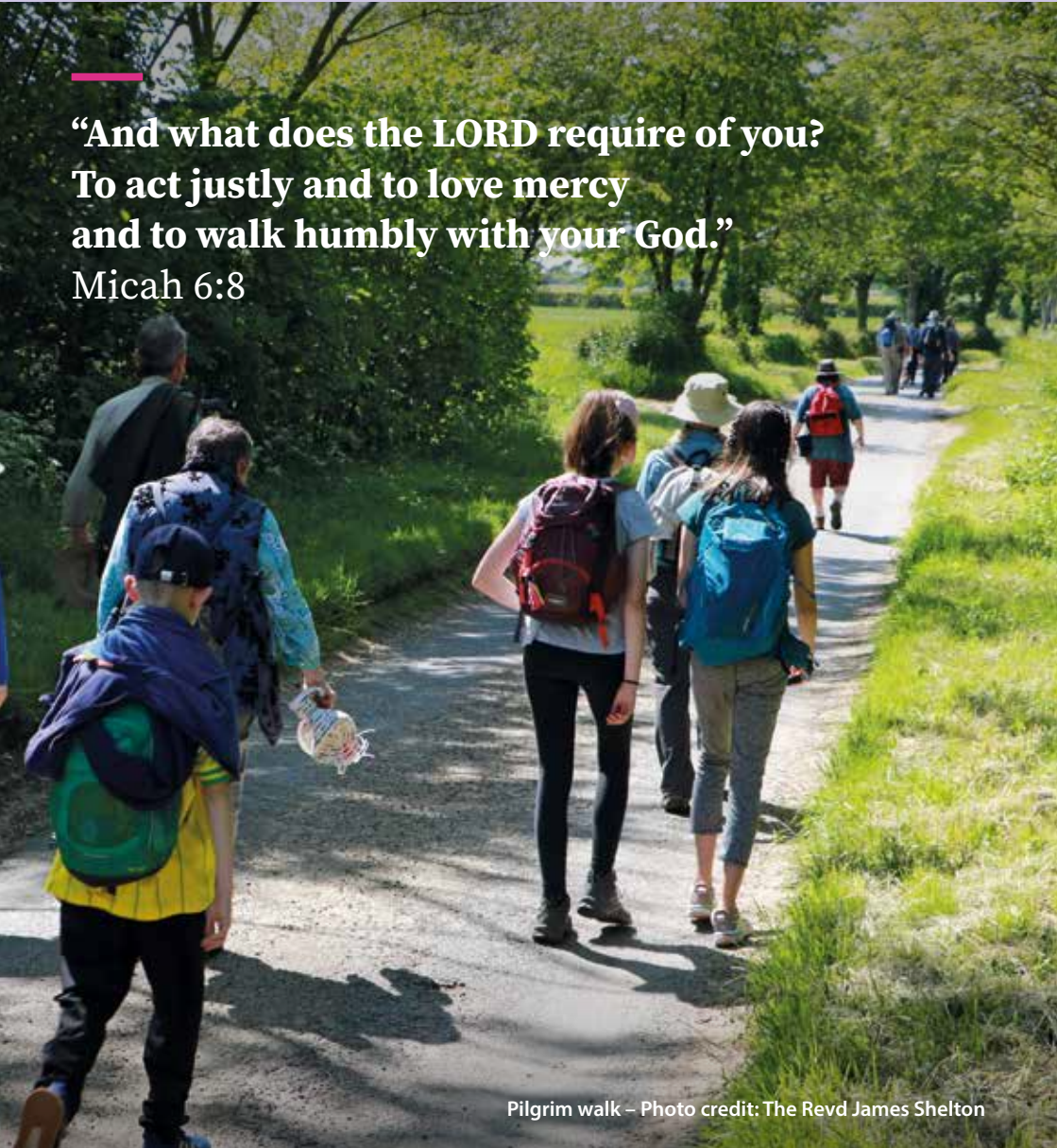
 THE CHURCH  
OF ENGLAND  
Diocese of Norwich

# Prayer Diary

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**“And what does the LORD require of you?  
To act justly and to love mercy  
and to walk humbly with your God.”**

Micah 6:8



Pilgrim walk – Photo credit: The Revd James Shelton

Transformed by Christ: **Prayerful, Pastoral, Prophetic**

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## Foreword from **Tim Sweeting**

**As we enter the year of Prophetic, a key element of our Diocesan Vision, this edition of the Prayer Diary focuses on why we should be prophetic as Christians and what it means in today's world.**

No one who has spent any time in their Bible should be surprised at this. It is an integral part of the overall narrative represented by so many figures who felt called to act and speak out in their time.

As I transitioned from my previous job at the YMCA to my current role, a shorthand I used with people outside of the church to explain the move was to say that I was moving from one community transformation organisation to another.

As a church, we get to be part of encouraging that transformation at an individual level as Jesus enters the lives of people across our communities. However, we are also charged to work for a society whose foundations are just and where the oppressed and the vulnerable are set free from what unfairly binds them (Isaiah 1:17).

I believe the church can and should speak and act prophetically to enable individual and societal transformation.

I am pleased to say that I get the opportunity to see churches, schools and chaplaincies doing exactly that. I am excited to be part of a church that acts to support asylum seekers, food pantries, warm hubs and environmental improvements, and speaks out in sharing the Gospel, hosting awareness-raising events and writing to politicians. Each word and deed represents God's desire to break the chains of injustice and my prayer for this year is that we might see many more chains broken, in his name.

A handwritten signature in black ink, appearing to read 'Tim Sweeting'.

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### **Transformed by Christ to become more prophetic**

Transform us, O Christ, that, inspired by your example, we may find our voice to challenge injustice and stand up for the oppressed. Amen

Over this quarter the Sunday prayers will be the  
Common Worship additional Collects:  
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### **Sunday 3** **Advent Sunday**

Almighty God,  
as your kingdom dawns,  
turn us from the darkness of sin to the  
light of holiness,  
that we may be ready to meet you  
in our Lord and Saviour, Jesus Christ.  
Amen.

### **Monday 4** **Weybourne Group**

Bodham, East with West Beckham,  
Kelling, Salthouse, Upper  
Sheringham, Weybourne.  
Clergy: Ian Dyble, Patricia Wallson.  
LLM: John Arkell. Kelling Primary.  
Diocese of Bathurst (Anglican  
Church of Australia).

### **Tuesday 5** **Briston and Briningham**

Briston, Burgh Parva, Hindolveston,  
Melton Constable, Briningham,  
Brinton, Hunworth, Stody, Swanton  
Novers, Thornage.  
Clergy: Trudie Morris. LLM: Carolyn  
Sexton. Diocese of Barbados  
(Province of the West Indies).

### **Wednesday 6** **Glaven Valley**

Blakeney, Cley-next-the-Sea,  
Glandford, Letheringsett with  
Bayfield, Wiveton. Clergy:  
Richard Lawry, Sarah De Bats.  
LLM: Penelope Thewlis. Blakeney  
Primary. Diocese of Baringo  
(Anglican Church of Kenya).

### **Thursday 7** **Holt**

Clergy: Howard Stoker. LLM: John  
Allen. Bishops Graham (Norwich),  
Jane (Lynn), Ian (Thetford). Diocese  
of Barisal (Church of Bangladesh).

### **Friday 8** **Matlaske**

Baconsthorpe, Barningham Winter,  
Edgefield, Hempstead, Matlaske,  
Plumstead, Saxthorpe with  
Corpusty. Clergy: David Longe,  
Judy Rosser. Diocese of Barrackpore  
(Church of North India).

### **Saturday 9** **Stiffkey and Bale**

Bale, Binham, Field Dalling,  
Gunthorpe, Langham Episcopi,  
Morston, Saxlingham, Sharrington,  
Stiffkey. Clergy: Ian Whittle.  
LLM: Roger Bland. Diocese of Bath  
and Wells (Church of England).

**Sunday 10**  
**The Second Sunday**  
**of Advent**

Almighty God,  
purify our hearts and minds,  
that when your Son Jesus Christ  
comes again as  
judge and saviour  
we may be ready to receive him,  
who is our Lord and our God.  
Amen.

**Monday 11**  
**Deanery of Humbleyard**  
Lay Chair: Roger Wood. Parish  
Support Team (Care of Churches):  
Nicholas Cannon, Eliza Greenwell,  
Frances Jackson. Dioceses of  
Bauchi and Bari (Church of Nigeria).

**Tuesday 12**  
**Wymondham w Silfield**  
**and Spooner Row**  
Clergy: Christopher Davies.  
Archdeacons Steven (Norfolk),  
Keith (Norwich), Catherine (Lynn).  
Diocese of Bethlehem (The  
Episcopal Church).

**Wednesday 13**  
**Cringleford**  
Colney, Cringleford. Clergy: Graham  
Wilkins, John Wigfield. LLM: Shirley  
Wood. Cringleford Primary. Parish  
Support Team (Property): Alan Cole,  
Charles Thurston. Ben Conway,  
Sally Finn, Laurence Gage, Yvette  
Sullivan. Diocese of Belize (Province  
of the West Indies).

**Thursday 14**  
**Hethersett**  
Great Melton, Hethersett, Little  
Melton. The Churchwardens and  
PCC during the vacancy. Hethersett  
Primary. Meeting of Bishop's Staff.  
Diocese of Bendigo (Anglican  
Church of Australia).

**Friday 15**  
**High Oak, Hingham,**  
**Scoulton w Wood Rising**  
The Churchwardens and PCC  
during the vacancy. LLM: Dale  
Southall. Morley Primary. Diocese  
of Beni (Province de L'Eglise  
Anglicane Du Congo).

**Saturday 16**  
**Mulbarton**  
Bracon Ash, Flordon, Hethel,  
Mulbarton. Clergy: Adrian  
Miller. Parish Support Team  
(Safeguarding): Sue Brice, Peter  
Sayer, Ruth Walker. Diocese of  
Benin (Church of Nigeria).

**Sunday 17****The Third Sunday of Advent**

God for whom we watch and wait,  
you sent John the Baptist to  
prepare the way of your Son:  
give us courage to speak the truth,  
to hunger for justice,  
and to suffer for the cause of right,  
with Jesus Christ our Lord.  
Amen.

**Monday 18****Swardeston**

East Carleton, Intwood,  
Ketteringham, Swardeston.  
Clergy: Paul Burr. LLM: Peter Worby.  
Diocese of Bentiu (Episcopal  
Church of South Sudan).

**Tuesday 19****Upper Tas Valley**

Fundenhall, Upper Tas Valley  
All Saints. Clergy: Dawn Davidson.  
LLM: John Hooper. Fornsett St  
Peter Primary, Hapton Primary,  
Tacolneston Primary, Wreningham  
Primary. Diocese of Bermuda  
(Extra Provincial).

**Wednesday 20****Deanery of Ingworth &  
Sparham**

Rural Dean: Keith Rengert. Lay  
Chair: Kandi Kammoun. All Parish  
safeguarding Officers. The Diocese  
of Bhopal (Church of North India).

**Thursday 21****Scottow**

The Churchwardens and PCC  
during the vacancy. The Diocese  
of Bo (Church of the Province of  
West Africa).

**Friday 22****Aylsham &  
District Team Ministry**

Aldborough, Aylsham, Badersfield,  
Blickling, Brampton, Burgh-next-  
Aylsham, Buxton with Oxnead,  
Cawston, Haveringland, Heydon,  
Itteringham, Lammas, Little  
Barningham, Marsham, Oulton SS  
Peter and Paul, Wickmere. Clergy:  
Julie Boyd, Natalie Rees, Shawn  
Tomlinson, Andrew Whitehead.  
LLMs: David Martin, Joy Taylor,  
Kandi Kammoun, Fiona Tibbitt.  
Aylsham Nursery & Infant,  
Cawston Primary. Diocese of Bida  
(Church of Nigeria).

**Saturday 23****Coltishall**

Coltishall, Frettenham, Hainford,  
Horstead, Stratton Strawless.  
Clergy: Keith Dignum. Hainford  
Primary. Diocese of Biharamulo  
(Anglican Church of Tanzania).



## **Sunday 24** **The Fourth Sunday** **of Advent**

Eternal God, as Mary waited for the birth of your Son, so we wait for his coming in glory; bring us through the birth pangs of this present age to see, with her, our great salvation in Jesus Christ our Lord. Amen.

## **Monday 25** **Christmas Day**

Remembering people who find today difficult; the lonely, those who mourn the loss of loved ones, and all who feel distant from celebrations. May they experience the love of Christ illuminating their hearts and lives.

## **Tuesday 26** **Scarrowbeck**

Alby, Calthorpe, Erpingham, Ingworth, Thwaite. Clergy: Heather Butcher. LLMs: Ian Andrews, Helen Burrell, Angela Parkes, Colin Willis. Erpingham Primary School. Diocese of Blackburn (Church of England).

## **Wednesday 27** **Reepham & Wensum Valley** **Team Ministry**

Alderford with Attlebridge, Bylaugh, Elsing, Great with Little Witchingham, Lyng, Reepham,

Salle, Sparham, Swannington, Thurning, Weston Longville w Morton-on-the-Hill, Wood Dalling. Clergy: Helen Rengert, Judith Sweetman, Richard Turk. LLM: Sue Page, Helena Crockford, Jane McLarty. Great Witchingham Primary, Lyng Primary. Diocese of Birmingham (Church of England).

## **Thursday 28** **The Heart of Norfolk Team** **Ministry**

Bawdeswell, Billingford, Bintree, Foulsham, Foxley, Guestwick, Guist, North Elmham, Stibbard, Themelthorpe, Twyford, Wood Norton, Worthing. Clergy: Sally Kimmis. LLM: Norman Johnson. North Elmham Primary, Stibbard All Saints' Primary. Diocese of Boga (Province de L'Eglise Anglicane Du Congo).

## **Friday 29** **Deanery of Loddon**

Rural Dean: David Owen. Diocese of Bolivia (Anglican Church of South America).

## **Saturday 30** **Bramerton Group Ministry** **(Rockland)**

Bramerton, Carleton Saint Peter, Claxton, Kirby Bedon and Whitlingham, Rockland St Mary, Surlingham. Clergy: Nick Garrard, Helen Garrard. Diocese of Bondo (Anglican Church of Kenya).

# Tackling Racial Injustice

**Sarah Claflin, the Diocese of Norwich Schools Adviser for Racial Justice, says “Our schools are committed to racial justice work, believing in the transformational power of education.**

We work with five key strands; leadership; teaching and learning; power and voice; wellbeing and belonging and community and culture. By using this plan, schools are identifying areas for improvement and laying the groundwork for change.”

The Revd Canon Karlene Kerr, the Bishop’s Adviser for Racial Justice, says “many of Jesus’ metaphors for the Kingdom are about moving forward, growth and change, essentially transformation. Racial justice is about transforming unjust or exclusive structures which prevents individuals from flourishing. These Kingdom values underpin this initiative in schools. The seeds of collaboration are being sown, nurtured by the five key strands. How fitting that children, whom we are told ‘The Kingdom of God belongs to such as these’ are integral to its development.”

## **Prayer: Shake Us From Our Slumber**

When our eyes do not see the gravity of racial injustice,  
Shake us from our slumber and open our eyes, O Lord.

When out of fear we are frozen into inaction,

Give us a spirit of bravery, O Lord.

When we try our best but say the wrong things,

Give us a spirit of humility, O Lord.

When it becomes easier to point fingers outwards,

Help us to examine our own hearts, O Lord.

Racism breaks your heart,  
break our hearts for what breaks yours, O Lord.

Ever present God, you called us to be in relationship with one another.

Open our hearts that we may be bold in finding the riches of inclusion and the treasures of diversity among us.

In your wisdom, Enlighten Us.

In your kindness, Heal Us.

Creator of All People, in your generosity, Guide Us.

We pray in faith.

Amen.

## Sunday 31

### The First Sunday of Christmas

God in Trinity,  
eternal unity of perfect love:  
gather the nations to be one family,  
and draw us into your holy life  
through the birth of Emmanuel,  
our Lord Jesus Christ.  
Amen.

## Monday 1

### Bramerton Group Ministry (Thurton)

Ashby, Bergh Apton, Framingham Pigot, Thurton, Yelverton. Clergy: Chris Ellis. Alington & Bergh Apton Primary, Thurton Primary. Diocese of Bor (Episcopal Church of South Sudan).

## Tuesday 2

### Chet Valley

Chedgrave, Hardley, Langley, Loddon, Sisland. Clergy: David Owen, Alison Ball, Jill Haylock. LLM: Belinda Barwick. Diocese of Botswana (Church of the Province of Central Africa).

## Wednesday 3

### Poringland

Framingham Earl, Howe, Poringland. Clergy: Robert Parsonage, Rachel Foster, Kirsty Long. Those who clean and look after our church buildings. Diocese of Brandon (Anglican Church of Canada).

## Thursday 4

### Venta Group

Arminghall, Caistor St Edmund, Stoke Holy Cross. Clergy: Rob Baker, Kirsty Long, Lyn Marsh. Bishops Graham (Norwich), Jane (Lynn), Ian (Thetford). Diocese of Brechin (Scottish Episcopal Church).

## Friday 5

### Waveney Marshlands

Aldeby, Burgh St Peter, Ellingham, Geldeston, Gillingham, Haddiscoe, Kirby Cane, Norton Subcourse, Raveningham, Stockton, Thorpe-next-Haddiscoe, Thurlton, Toft Monks, Wheatacre. Clergy: David Smith. Ellingham Primary, Gillingham Primary. Diocese of Brisbane (Anglican Church of Australia).

## Saturday 6

### Deanery of Lothingland

Rural Dean: Helen Jary. Lay Chair: Trudie Jackson, Jane Tighe. Bishops and Archdeacons' PAs: Sophie Bell, Graham Cossey, Ann Whittet. Diocese of Bristol (Church of England).



**Sunday 7****Epiphany Sunday**

Creator of the heavens,  
who led the Magi by a star  
to worship the Christ-child:  
guide and sustain us,  
that we may find our journey's end  
in Jesus Christ our Lord.  
Amen.

**Monday 8****Carlton Colville**

Carlton Colville, Mutford.  
The Churchwardens and PCC  
during the vacancy.  
LLM: Mark Ellis. The Diocese of  
British Columbia (Anglican Church  
of Canada).

**Tuesday 9****Hopton, Corton and Gunton**

Clergy: Nigel Lacey.  
LLM: Jackie Makower. Corton  
Primary, Hopton Primary. Diocese  
of Central Buganda (Church of the  
Province of Uganda).

**Wednesday 10****Kessingland**

Gisleham, Kessingland, Rushmere.  
Clergy: Mandy Bishop. LLM: Doreen  
Cowie. Kessingland Primary.  
Diocese of West Buganda (Church  
of the Province of Uganda).

**Thursday 11****Kirkley**

Kirkley with Lowestoft Saint John.  
Clergy: Helen Chandler. Diocese  
of Buhiga (Anglican Church of  
Burundi).

**Friday 12****Lowestoft Christ Church**

Clergy: Jon Carter. LLM: Peter  
Williams. Parish Support Team  
(Education): Paul Dunning, Chris  
Allen, Holly Davy. The Diocese of  
Bujumbura (Anglican Church of  
Burundi).

**Saturday 13****Lowestoft St Andrew**

Clergy: Damon Rogers. LLM:  
Eileen McMurtry. All clergy and  
LLMs holding PTO. Diocese of  
Bukavu (Province de L'Eglise  
Anglicane Du Congo).

# Standing against Modern Slavery

**T**he first time I heard the phrase ‘modern slavery’ was 15 years ago during the notices at the end of a small group meeting. An anti-slavery organisation was mentioned and leaflets handed around, inviting us to make a stand against the growing problems of people trafficking, prostitution rings and forced labour. ‘Surely,’ we said to each other, ‘these things are already illegal. It’s not really a matter for us; it’s for the police to deal with.’

I suspect now we have all heard more about modern slavery. Perhaps through reports of people fleeing their home country, squeezed into broken boats by organized criminals who manipulate the desperate. Or through an awareness-raising

event or campaign. For instance, the recently-released movie *The Sound of Freedom* tells the story of comfortable Westerners waking up to the shame and scale of people trafficking, ‘the fastest-growing international crime network the world has ever seen’.

As we learn more, the more we realise what a strange and shifty problem it is; it’s too simple to say: ‘it’s for the police to deal with’. It’s a problem that wants to stay hidden in the shadows; removing it from our communities can only happen through concerted community effort (which is why partnerships like the Norfolk Anti-Slavery Network have been set up, a coalition that includes not only the police but also councils, charities and churches).



On an individual level, the first step is to start caring. It is natural for those victims who are out of our sight to be out of our minds as well. Yet any kind of prophetic stand begins with naming what is wrong, pointing out the injustice and tracing the cracks in society. This may be uncomfortable, but at least we are being honest and we know what to pray for.

The bidding prayers used in carol services have this prophetic edge to them: 'We pray for those among whom the Christ was born... the victims of poverty, injustice and oppression... those in despair or in the shadow of death.' As our Diocese begins a year of focusing on the prophetic, might these Advent concerns become a year-round way of thinking and praying?

As for my own experience, I'm now a local co-ordinator in the anti-slavery organisation I hadn't heard of 15 years ago. I'm proof that you can go from being detached and dismissive to a lot more involved – which, after all, is the journey all Christians are called to.



**The Revd Corin Child** is the Chaplain of Norwich School, a Priest Vicar of Norwich Cathedral and Diocesan co-ordinator for The Clewer Initiative.

## **Sunday 14** **Second Sunday of Epiphany**

Eternal Lord,  
our beginning and our end:  
bring us with the whole creation  
to your glory,  
hidden through past ages  
and made known  
in Jesus Christ our Lord.  
Amen.

## **Monday 15** **Lowestoft St Margaret**

Clergy: Simon Stokes. LLM:  
Gerda Buckley. Parish Support  
Team (Diocesan Secretary): Tim  
Sweeting, Joanna Church, Michele  
O'Keefe. Diocese of Bukedi (Church  
of the Province of Uganda).

## **Tuesday 16** **Oulton Broad Team Ministry**

Oulton, Oulton Broad. Clergy: Helen  
Jary, Andy Bunter. LLMs: Deborah  
Anne Allsop, Jill Hunting, Fiona  
Usher, Harold Waterman. Diocese of  
Bukuru (Church of Nigeria).

## **Wednesday 17** **Pakefield**

Clergy: Sharon Lord, Becki  
Bensusan. LLM: Trudie Jackson.  
Meeting of Bishop's Staff. Diocese  
of Bunbury (Anglican Church of  
Australia).

## **Thursday 18** **Somerleyton**

Ashby, Blundeston, Fritton,  
Herringfleet, Lound, Somerleyton.  
The Churchwardens and PCC  
during the vacancy. Archdeacons  
Steven (Norfolk), Keith (Norwich),  
Catherine (Lynn). Blundeston  
Primary. Diocese of Bungoma  
(Anglican Church of Kenya).

## **Friday 19** **Deanery of Lynn**

Rural Dean: Karlene Kerr. Lay Chair:  
Jan Willson. Diocese of Bunyoro-  
Kitara (Church of the Province of  
Uganda).

## **Saturday 20** **Gayton, Grimston, Massingham and District Team Ministry**

Ashwicken with Leziante, Bawsey  
and Mintlyn, Congham, East  
Walton, Gayton, Gayton Thorpe,  
Great Massingham, Grimston,  
Harpley, Little Massingham,  
Roydon. Clergy: Sue Martin. LLM:  
Joy Smith. Ashwicken Primary,  
Gayton Primary, Great Massingham  
Primary, Harpley Primary. The  
Diocese of Busan (The Anglican  
Church of Korea).

**Sunday 21****The Third Sunday of Epiphany**

God of all mercy,  
your Son proclaimed good news  
to the poor,  
release to the captives,  
and freedom to the oppressed:  
anoint us with your Holy Spirit  
and set all your people free  
to praise you in Christ our Lord.  
Amen.

**Monday 22****Gaywood**

Gaywood. Clergy: Kyla Sorensen,  
Karlene Kerr. LLM: Daphne  
Sampson. Diocese of Busoga  
(Church of the Province of  
Uganda).

**Tuesday 23****King's Lynn Saint Margaret  
with Saint Nicholas –  
King's Lynn Group**

Clergy: Mark Dimond, Fiona  
Munn, Jon Price. LLMs: Vicki Price,  
Andrew Ward. Parish Support  
Team (Human Resources): Claire  
Stone, Gemma Waldie.

**Wednesday 24****Middlewinch**

East Winch with West Bilney,  
Middleton, North Runcton, West  
Winch and Setchey. Clergy: Riaz  
Mubarak. Middleton Primary.  
Meeting of Bishop's Council of  
Trustees. Diocese of Butare (Eglise  
Anglicane du Rwanda).

**Thursday 25****South and West Lynn –  
King's Lynn Group**

Clergy: Adrian Ling. St Michael's  
(King's Lynn), Whitefriars Primary  
(King's Lynn). Diocese of Butere  
(Anglican Church of Kenya).

**Friday 26****St John – King's Lynn Group**

The Churchwardens and PCC  
during the vacancy.  
Clergy: Karlene Kerr as she begins  
a new ministry. LLMs: Joyce Pitcher,  
David Osborne. Diocese of Buye  
(Anglican Church of Burundi).

**Saturday 27****The Church in the Woottons**

Clergy: James Nash, Julie Swinton.  
LLM: Margaret Ojelade. Diocese  
of Byumba (Eglise Anglicane du  
Rwanda).



## Hidden poverty

As the cost-of-living crisis continues, often creating hidden poverty in homes and schools, many families and older people are having to choose between eating or heating their homes.

Last year, churches and community centres provided 'warm spaces' to offer warmth and companionship. This will continue as the need is still there.

In Lowestoft, a coordinated network of churches and volunteers provide essential support. The foodbank issues 1,200 food parcels per month, there are 3 community pantries, a FISH network (Food in the School Holidays) and school uniform bank.

At St Mark's Church, Lowestoft, the Revd Damon Rogers explains:

"Our Warm Welcome as we call it, runs each week, serving around 50-60 people, including 10-12 children. We have funding to continue through to March. Part of our warm welcome includes hosting a charity that supports people with autism and learning disabilities. There is also a wellbeing group, along with a worker from Access Community Trust who can give advice about getting back to work."

All Saints and St Margaret's church in Pakefield support a school uniform bank. Revd Sharon Lord says: "The school uniform bank at Bloodmoor Community Centre serves Lowestoft and the surrounding villages. It's helped over 100 families with pre-loved and new uniform, shoes and coats."



## **Sunday 28**

### **The Fourth Sunday of Epiphany**

God of heaven,  
you send the gospel to the ends  
of the earth  
and your messengers  
to every nation:  
send your Holy Spirit  
to transform us  
by the good news of  
everlasting life  
in Jesus Christ our Lord. Amen.

## **Monday 29**

### **Deanery of Norwich East**

Rural Dean: Patrick Jordan. Lay  
Chair: Bridgid Everitt. Diocese of  
Calabar (Church of Nigeria).

## **Tuesday 30**

### **Colegate & Tombland Norwich**

Clergy: Alaric Lewis, Annie Blyth.  
LLM: Kevin Mitchelson. Diocese of  
Calcutta (Church of North India).

## **Wednesday 31**

### **Heartsease (Norwich)**

Clergy: Patrick Jordan.  
LLMs: Gloria Chinery, David  
Lechmere, Ashley Williams.  
The Open Academy. Diocese of  
Caledonia (Anglican Church of  
Canada).

## **Thursday 1**

### **Lakenham Group (Norwich Lakenham St Mark)**

Clergy: Erik West-Lindell. LLM:  
Paulette Yallop. Bishops Graham  
(Norwich), Jane (Lynn), Ian  
(Thetford). Diocese of Calgary  
(Anglican Church of Canada).

## **Friday 2**

### **Lakenham Group (St John & Tuckswood)**

The Churchwardens and PCC  
during the vacancy.  
Clergy: Matt Luscombe  
LLM: Gus Woodcock. Parish  
Support Team (Generous Giving)  
Robert Culyer, Colin Tomlin,  
Naomi Rizk. Diocese of California  
(Episcopal Church, USA).

## **Saturday 3**

### **Norwich Cathedral**

Clergy: Andrew Braddock, Peter  
Doll, Aidan Platten, Andy Bryant.  
Cathedral volunteers. LLMs: Pamela  
Garrett, Frank Paice. Diocese of  
Northern California (Episcopal  
Church, USA).

**Sunday 4****The Presentation of Christ  
in the Temple**

Lord Jesus Christ,  
light of the nations and  
glory of Israel:  
make your home among us,  
and present us pure and holy  
to your heavenly Father,  
your God, and our God.  
Amen.

**Monday 5****St Andrew (Norwich)**

Clergy: Martin Young, Michael  
Hayden. Diocese of Cameroon  
(Church of the Province of West  
Africa).

**Tuesday 6****St Giles (Norwich)**

Clergy: Alaric Lewis. Parish Support  
Team (Finance): Susan Bunting,  
Michael Hibbin, James South,  
Samuel Witton, Ben Tooke, Fiona  
Jeffs. Diocese of El Camino Real  
(Episcopal Church, USA).

**Wednesday 7****St Helen (Norwich)**

Clergy: Eleanor Langan. Those  
who are training for ordination  
or as LLMs. Diocese of Canberra  
and Goulburn (Anglican Church of  
Australia).

**Thursday 8****St Peter Mancroft (Norwich)**

Clergy: Edward Carter, Fiona  
Haworth, Naomi Tuma. LLMs: Gill  
Persicke, Catherine Waddams.  
Diocese of Canterbury (Church of  
England).

**Friday 9****St Stephen (Norwich)**

Clergy: Madeline Light, Ian Fifield,  
Sam Luscombe. LLMs: Dave  
Humphreys, Princess Olufunke  
Abidemi Olugboji. Diocese of Cape  
Coast (Church of the Province of  
West Africa).

**Saturday 10****Thorpe End**

Clergy: Tim Dawson. LLMs: Jenefer  
Barnard, Helen Grogutt. All  
Authorised Worship Assistants.  
Diocese of Cape Town (Anglican  
Church of Southern Africa).

## **Sunday 11** **The Sunday next before Lent**

Holy God,  
you know the disorder of our  
sinful lives:  
set straight our crooked hearts,  
and bend our wills to love your  
goodness  
and your glory  
in Jesus Christ our Lord.  
Amen.

## **Monday 12** **Thorpe Hamlet (Norwich)**

Clergy: Patrick Jordan.  
Diocese of North Eastern  
Caribbean and Aruba (Church in  
the Province of the West Indies).

## **Tuesday 13** **Thorpe St Andrew (Norwich)**

Clergy: James Stewart. Diocese of  
Carlisle (Church of England).

## **Wednesday 14** **Timberhill (Norwich)**

Clergy: Richard Stanton. Diocese  
of East Carolina (Episcopal Church,  
USA) On this Ash Wednesday we  
pray that we may grow in faith and  
love this Lent.

## **Thursday 15** **Trowse (Norwich)**

Clergy: Rosemary Braby.  
LLM: Chris Sanham. Meeting of  
Bishop's Staff. Diocese of North  
Carolina (Episcopal Church, USA).

The Bishop's Lent Appeal 2024  
will focus on making the housing  
of students and their families  
at Newton Theological College  
PNG, more sustainable through  
renovation and the installation of  
rainwater tanks and septic toilets.

Almighty God,  
We thank you for the ordinands  
at Newton Theological College in  
Papua New Guinea.  
Filled with your grace, may they be  
bold as they work for the increase  
of your kingdom.  
May all those who come to them  
for help discover your mercy and  
kindness in their time of need.  
This we ask in Jesus' name. Amen

## **Friday 16** **Deanery of Norwich North**

Rural Dean: Margaret McPhee. Lay  
Chair: Nicky Burr. Diocese of South  
Carolina (Episcopal Church, USA).

## **Saturday 17** **Drayton**

Clergy: Marc Palmer. Drayton  
Junior. Diocese of Upper South  
Carolina (Episcopal Church, USA).

## **Sunday 18** **The First Sunday of Lent**

Heavenly Father,  
your Son battled with the powers  
of darkness,  
and grew closer to you in the desert:  
help us to use these days to grow  
in wisdom and prayer  
that we may witness to your  
saving love  
in Jesus Christ our Lord.  
Amen.

## **Monday 19** **Hellesdon**

Clergy: Louise Alder. LLM: Milee  
Brambleby. Diocese of Western  
North Carolina (Episcopal Church,  
USA).

## **Tuesday 20** **Horsford, Felthorpe and Hevingham**

Clergy: Margaret McPhee. LLM:  
Richard McPhee. Horsford Primary.  
Diocese of Cashel, Ferns and  
Ossory (Church of Ireland).

## **Wednesday 21** **Horsham, Spixworth & Croswick**

Clergy: Rosemary Maskell. St Faiths  
Primary (Horsham). Archdeacons  
Steven (Norfolk), Keith (Norwich),  
Catherine (Lynn). Diocese of  
Chandigarh (Church of North India).

## **Thursday 22** **Norwich Mile Cross**

Clergy: Martin Hartley. LLMs: Lee  
Marsden, Margaret Proudfoot.  
Children, Youth and Families  
Workers. Diocese of Chelmsford  
(Church of England).

## **Friday 23** **Old Catton**

Clergy: David Hagan-Palmer, Sally  
McCubbin. LLM: Jo Mash. Old  
Catton Junior. Meeting of General  
Synod from 23-27. Diocese of  
Chester (Church of England).

## **Saturday 24** **Sprowston and North Norwich Team Ministry**

New Catton, New Catton St Luke,  
St Mary Magdalene, Sprowston.  
Clergy: Dean Akrill, Graham Kirk-  
Spriggs, Tim Yau.  
LLMs: Andrew Hudson,  
Stephanie Grand, Margaret Gray.  
Diocese of Chhattisgarh (Church of  
North India).

## Sunday 25

### The Second Sunday of Lent

Almighty God,  
by the prayer and discipline  
of Lent  
may we enter into the mystery of  
Christ's sufferings,  
and by following in his Way  
come to share in his glory;  
through Jesus Christ our Lord.  
Amen.

## Monday 26

### Taverham with Ringland

Clergy: Paul Seabrook, Stella Green,  
Valerie Hooker, Gill Osborne, Phil  
Charlesworth. LLM: Jane Dryden.  
Taverham Junior. Diocese of  
Chicago (Episcopal Church, USA).

## Tuesday 27

### Deanery of Norwich South

Rural Dean: Patrick Richmond.  
Lay Chair: Sandra Isaac. Parish  
Support Team (Marketing and  
Communications) Elizabeth  
Humphries, Katherine Limbach,  
Bethany Grimshaw. Diocese  
of Chichester (The Church of  
England).

## Wednesday 28

### Bowthorpe (Norwich)

Clergy: Mark Elvin. Cloverhill  
Infant & Nursery (Bowthorpe), All  
Local Ecumenical Partnerships.  
St Michael's Junior (Bowthorpe).  
Diocese of Chotanagpur (Church of  
North India).

## Thursday 29

### Costessey

Clergy: James Pinto. Parish and  
Benefice Administrators. Diocese of  
Christ the King (Igreja Anglicana de  
Mocambique e Angola).

## Friday 1

### Earlham

Clergy: Di Rowlandson, Julian  
Bryant, Carol Pritchard. Diocese of  
Christ the King (Anglican Church of  
Southern Africa).

## Saturday 2

### Eaton St Andrew (Norwich)

Clergy: The Churchwardens and  
PCC during the vacancy, James  
Cook. LLM: Neil Rout. The Diocese  
of Christchurch (The Anglican  
Church in Aotearoa, New Zealand  
and Polynesia).



## A Prayer for Peace

by Archbishop Hosam of Jerusalem

O God of all justice and peace, we cry out to you in the midst of the pain and trauma of violence and fear which prevails in the Holy Land.

Be with those who need you in these days of suffering; we pray for people of all faiths – Jews, Muslims and Christians and for all people of the land.

While we pray to you, O Lord, for an end to violence and the establishment of peace, we also call for you to bring justice and equity to the peoples. Guide us into your kingdom where all people are treated with dignity and honour as your children – for to all of us you are our Heavenly Father.

In Jesus' name we pray, Amen.

### Important information about the Prayer Diary

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If you have any questions, please email

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