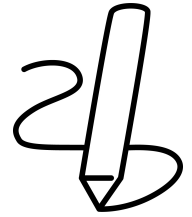


The one life: overview (age 5+)

Big question: How should I live?

Key vocab: happiness, the Happy Human, potential, support, freedom, humanist naming ceremony



Knowledge outcomes: Students should know about the following common features of a humanist approach to living a happy life		
The Happy Human as a symbol of humanism	The belief there are many different ways to be happy	The belief that everyone should be free to find what makes them happy
<ul style="list-style-type: none"> The Happy Human represents a celebration of being human and our human potential The Happy Human is used by humanist organisations all around the world 	<ul style="list-style-type: none"> The importance of finding happiness in the here and now The belief that there is no one single way to be happy – people are different 	<ul style="list-style-type: none"> Being free to do what we want as long as we do not harm other people or animals Supporting other people to find happiness The focus at a humanist naming ceremony on a child's freedom to find their own path in life and the responsibility of other people to support them

Introduction

- Begin with the 'A humanist approach to life: a summary' slide to introduce/recap the core features of a humanist approach to life.
- Explain that you are going to explore how the belief that this is the one life we have affects how humanists choose to live.

The Happy Human

- Using The Happy Human slides and information sheet, look at the Happy Human symbol and explore what it means to humanists.

Freedom and happiness

- Carry out the Happiness and freedom activity and explore why these are so important to humanists.

Naming ceremonies

- Show and discuss The perfect welcome film.
- Carry out the Humanist naming ceremonies activities and explore how humanist naming ceremonies reflect the importance humanists place on the freedom to find our own path in life.

Summary and assessment

- Review the knowledge outcomes above.
- Ask students to decorate the Happy Human symbol with words and pictures to illustrate the humanist approach to life.
- Ask the students what questions they would like to ask a humanist.