

# Questions for clergy wellbeing conversations

## Laity to laity conversation

1. How do our clergy know we care for them?
2. What do we appreciate about our clergy? What leaves us puzzled?
3. What is the shape of their day and week?
4. What are the particular demands they experience?  
...and what do they find rewarding?
5. What 'boundaries' do clergy need to help them work and rest?
6. How can we support these?
7. Do they take time for rest and renewal?  
e.g. Day off each week (and two days off together once a month)?  
Holiday? Retreat/study/learning? How can we help these to happen?
8. What support might their partner/family need from us?
9. If we were preparing a parish profile, what do we need to include to show we're committed to the wellbeing of our clergy?

## Laity to clergy

1. What is the shape of your day and week?
2. What are you finding rewarding/life-giving at the moment?
3. What are you finding challenging?
4. What would you like to do more of?
5. What expectations are you experiencing – from us – from others?
6. What tasks could others do, that would free up your time?
7. How does your ministry impact on those closest to you?
8. What could we do to help?
9. How can we help you take the time you need for rest and renewal?

## Clergy to clergy

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2. What are you finding rewarding/life-giving at the moment?
3. What are you finding challenging?
4. What would you like to do more of?
5. What expectations are you experiencing from others?
6. How does your ministry impact on those closest to you?
7. How do you take the time you need for rest – friends & family – renewal?
8. What do you need for greater wellbeing from: the local church? Wider church? Community? ...from yourself ?