

Coercive Control is a common feature of abusive relationships, one survivor describes it as like 'walking on eggshells'.

Definition

often it takes place against an **intimate partner**, but it can be present in other relationships

Coercive control is most often a purposeful **pattern** of assaults, threats, humiliation and intimidation which is used to harm, punish or frighten the victim.

The Signs

Social media, **tracking** software and the internet are now being used as tools for control and coercion



The Law

Prosecutors focus on overall **EFFECT ON VICTIM**



Controlling or coercive behaviour has been recognised as an **offence** under the Serious Crime Act in England since 2015.

Fear that violence will be used against them on at least two occasions; Serious alarm or **distress** which has a substantial effect on their day-to-day activities.

Offender Sentence **UP TO 5 YEARS IMPRISONMENT**

Respond Well

Sometimes its difficult to tell someone as this can mean the **risk** increases.

Listen and offer or **signpost support** to the victim, but be careful not to take any steps without their agreement that may place them or their family at further risk.

- REFUGED
- WOMENS AID
- NCDV
- LEEWAY
- MENS ADVICE LINE
- GALOP

Referrals

If you are worried about something or someone seek help and advice from **safeguarding@dioceseofnorwich.org** 01603 882345

#YOUARENOTALONE

If you feel someone is in **immediate danger** you should call **999**

