

**Holy Communion
Children's
Preparation course**

Week 1

Belonging

This is me
(draw yourself here)



My name is



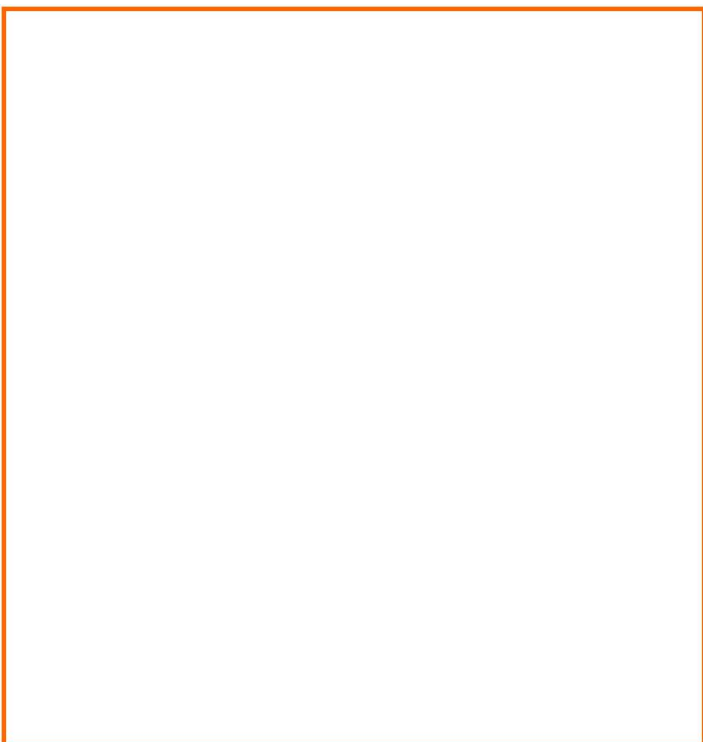
My birthday is on



My favourite food is



This is my church
(draw it here)



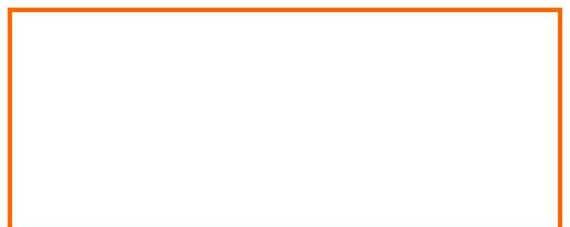
It is called



Things I do at church



There are lots of people in our church family. Here are some of their names



In Baptism, there are lots of items used can you remember which ones?
(draw a circle around them)



God loves us all....

Write your name in the box first, then your family, your church family and your friend's names.

What signs or symbols can you find in your church?

Week 2

Prayer

Amazing things can happen when you pray! It is great to chat to God and listen to what he has to say!



Use this prayer to start a collection of prayers in a notebook. In the space next to it you can write your own prayer if you wish.

A prayer for little things

Dear God,
I bring to you all the little things on earth. A feather, a daisy, a marble, a ladybird
They are all your special treasures, as we are your special treasures.
May we all be beautiful for you each in our own way, giving thanks for your infinite care of the tiniest things.

Christopher Herbert, Prayers for Children
National Society/Church House Publishing, 1993

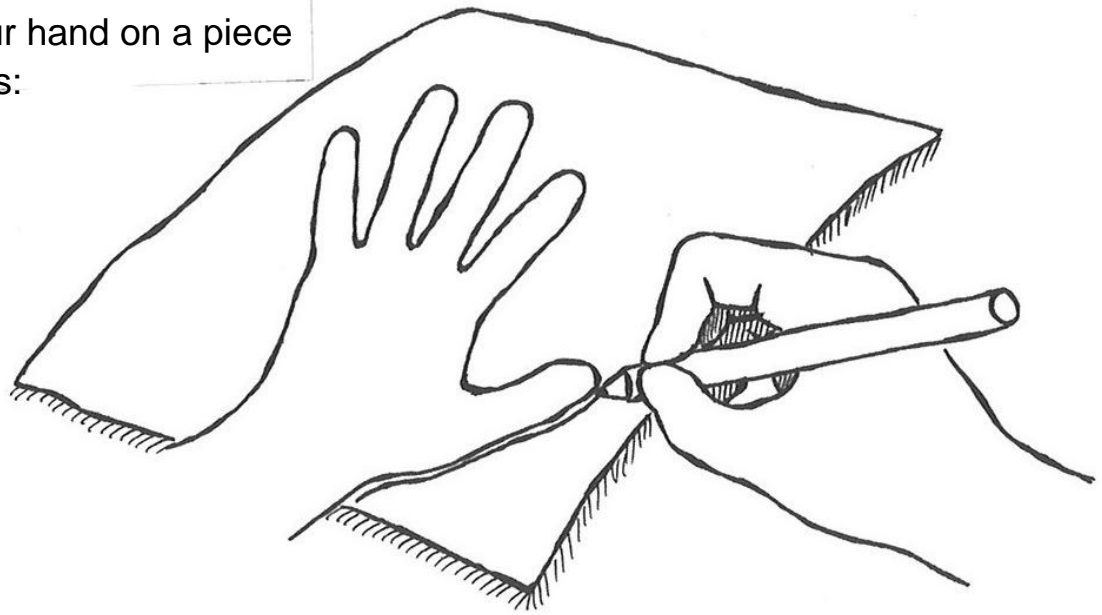
For your own prayer.....

It doesn't matter how you pray and chat to God, there are loads of different ways, like going for a walk, being creative, sitting in a quiet space and much more.....

In the space below write down or draw how you like to pray

When you pray

Draw round your hand on a piece of paper like this:



There are five different kinds of prayer. Each finger can help you to remember the names. They are:

praise saying sorry asking thanking silent prayer

You can also use your fingers to remind you of different things to pray for, like this:

- thumb this is the strongest finger. Pray for all the strong things in your life, like home and family, that protect and take care of you.
- index the pointing finger. Pray for all those who guide and help , like teachers, clergy, doctors, fire and police services.
- middle this is the tallest finger. Pray for all those who have power in the world.
- ring this is the weakest finger. It cannot do much by itself. Pray for the poor, weak and helpless.
- little the smallest and last finger. Pray for yourself.

When you say your prayers, hold each finger in turn, and remember!

Week 3

Do this in Remembrance of Me

Can you match the food on the left to the words on the right?

birthday cake

the Last Supper

mince pies

hot cross buns

spaghetti

fish

wedding cake

bread and wine

Sweet and sour

Easter

Fridays

Weddings

Holy Communion

China

Maundy Thursday

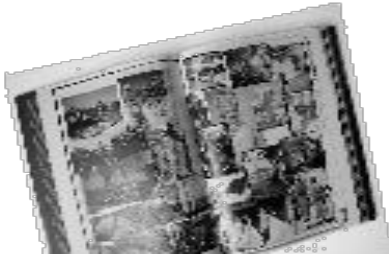
Italy

Christmas

Birthday



Can you remember what food is used for the Passover meal?



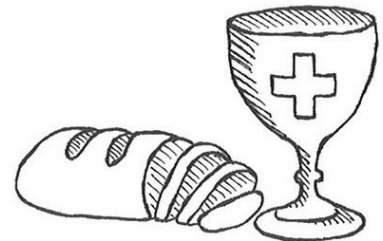
Remembering things is an important part of our lives.
We keep things to remind ourselves of important and
happy events.

Do you have remembering things at home -
a baby book or photograph album?
What does your family keep?

In church we remember things too. What is there in your church to remind you of
people and past events?

In the communion service we remember the Last Supper and the death of
Jesus on the cross.

Here are some words for the breaking of the bread.
Which words does your church use?



Draw a ring around them.

Holy Communion Eucharist Mass the Lord's Supper

Can you put these words in the right spaces?

gave broke took blessed

Jesus _____ the bread. He _____ it,

he _____ it and _____ it to them.

You can find the story in the Bible, Mark chapter 14

This is part of the communion service. Watch and listen for it. See if you can find
the remembering words in your church service book.

Week 4

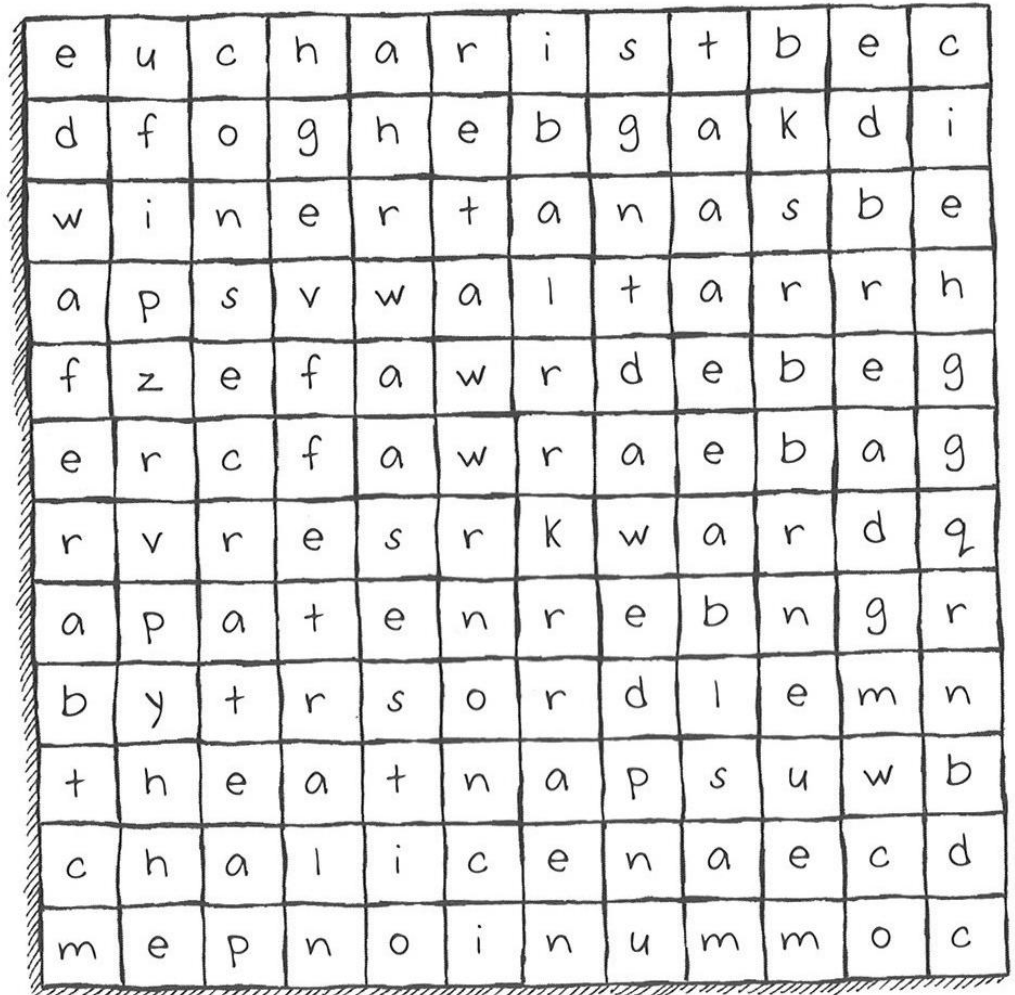
Everyone's invited!

Here are some Communion words for you to find.

Do you know what they mean? Don't worry if you don't!

communion
 eucharist
 bread wine
 chalice
 paten
 consecrate
 water altar

take
 eat
 draw
 near
 break
 wafer



Which of these things do you use in your church's Communion service?
 Put a circle around the words.....

- | | | | | |
|--------------|-------------|---------|----------------|------------|
| Cross | candles | chalice | paten | ciborium |
| lavabo bowl | plate | cup | flagon | holy table |
| Altar | chasuble | stole | surplice | burse |
| Cassock | purificator | acolyte | microphone | priest |
| service book | book stand | server | crucifer | water |
| Wine | wafers | bread | priest's wafer | alb |

Here is a Communion picture for you to colour .



How is this the same as your church?

How is it different?

Why not use the doodle page to draw what Communion is like in your church if it is not the same as above?

Doodles Page

